



Living Waters Health History and Examination Form

Please fill-out completely, being sure to sign where indicated and return to camp within two weeks of the desired event. **Return form to: Living Waters, 300 Camp Living Water Rd., Schellsburg, PA 15559.**

Event Name & #	Camp Use Only
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Camper Information:

Last name _____ First _____ MI _____ Birthdate _____ Age at camp _____
 Street Address _____ City _____ St _____ Zip _____
 Home Phone _____ Most Recent Grade Completed _____ Gender: _____

Parent/Guardian Information: Name _____ Email _____
 Street Address (if different from above) _____ City _____ St _____ Zip _____
 Relationship to Camper _____ Cell Phone _____ Home Phone _____

Second Contact or Second Parent: Name _____
 Street Address _____ City _____ St _____ Zip _____
 Relationship to camper: _____ Cell phone _____ Home phone _____

Third contact number: Name _____ Relationship to camper _____
 Home phone _____ Cell Phone _____

IN CASE OF EMERGENCY CONTACT (1) _____ (2) _____ (3) _____

Insurance Information: Is the participant covered by family medical/hospital insurance?

If yes, indicate carrier or plan name _____ Group # _____
 Carrier address _____ Insurance ID Number _____
 Name of insured _____ Relationship to camper _____
 Family Physician _____ Phone number _____
 Family Dentist/Orthodontist _____ Phone number _____

ALLERGIES – List all known

Medications Allergies (list)	Describe reaction and management of the reaction
_____	_____
_____	_____

Food Allergies (list)	Describe reaction and management of the reaction
_____	_____
_____	_____

Other (list) – these include insects, hay fever, asthma, animal dander, etc.....

Provide other information camp personnel should know as care is provided for the above-mentioned participant:

Food Restrictions: _____

Activity Restrictions:

Explain any restrictions to camp activities: (What cannot be done, what adaptations or limitations are necessary)

Swimming Skill: What type of swimmer is your child?

General Questions:

Has/ Does the participant:

- | | |
|---------------------------------------------------|-----------------------------------------------------------------------------|
| 1. Had a recent injury, illness or infection? | 7. Ever had problems with joints (knees, ankles)? |
| 2. Have a chronic or recurring illness/condition? | 8. Have problems with sleepwalking? |
| 3. Have frequent headaches? | 9. Have problems with bedwetting? |
| 4. Wear glasses, contact, protective eyewear? | 10. Ever had an eating disorder? |
| 5. Ever had seizures? | 11. Ever had emotional difficulties for which professional help was sought? |
| 6. Ever had high blood pressure? | |

Please explain any questions answered "yes": _____

Recent Illness: Please describe any recent illness and when the camper had them: _____

Immunizations: Participants meets all existing state school attendance immunization requirements:

Tetanus: Participant's last tetanus inoculation was on: _____(Month/Year)

PRESENT MEDICATIONS

In the space provided below (and on a separate sheet of paper if necessary), please list ALL forms of medication taken by the camper, including prescription and non-prescription (over-the-counter) drugs. Please place these medications in a zip lock bag with the camper's name clearly marked on the bag. All medications (prescription and non-prescription) must be in the original packaging or prescription bottles with dosage instructions and prescribing physician information.

Name of Medication	Dosage	Specific times taken each day or Taken as needed
# 1 _____	_____	_____
Reason for Taking _____		
# 2 _____	_____	_____
Reason for Taking _____		
# 3 _____	_____	_____
Reason for Taking _____		
# 4 _____	_____	_____
Reason for Taking _____		

Please list medications that are taken during the school year that the camper does not take during the summer:

Over the counter medications may be administered as needed

Signature required authorizing Over the Counter Med Use

Parent/Care Provider Authorization:

All information on this Health Examination Form is correct and complete to the best of my knowledge. By affixing my signature below, I hereby grant permission for the camper/participant to: (1) engage in all camp activities, unless otherwise noted (2) receive routine health care, administer medications and seek emergency medical treatment including x-rays or tests, and (3) provide any necessary transportation. I also agree to release any records necessary for medical treatment or insurance purposes. In the event, I, or one of the alternate people on the first page cannot be reached in an emergency; I hereby authorize the camp physician, camp nurse or executive director to secure and administer treatment, including hospitalization.

Signature of Parent/Care Provider or Adult Camper

Date

Please print above name

I understand and agree to accept any restrictions placed on my participation in camp activities.

Signature of Camper

Date

CHECK-IN INFORMATION – CAMP STAFF ONLY

CHECK-IN DATE _____

REVISIONS/EXPANSIONS TO HEALTH INFORMATION

TIME _____

yes

no

none needed

CHECKED IN BY

